

# Good Feelings

**Choreographer:** Fred Whitehouse (Ireland) Dec 19

**Count:** 32    **Wall:** 4    **Level:** Beginner

**Music:** Good Vibes (Good Feeling) [feat. Craig Smart]



**Life-G.-Dancers**

[www.lebensgefuehl-studio.de](http://www.lebensgefuehl-studio.de)

[DJ Antoine vs Mad Mark 2k19 Mix] Single: 3.01 **Intro – 16 counts from start of track**

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## **1-8 Rock r side, triple in place, Rock side l, triple in place**

- 1,2 Rock RF to R side, recover on to L
  - 3&4 Step RF next to L, step LF in place, step RF in place
  - 5,6 Rock LF to L side, recover on to R
  - 7&8 Step LF next to R, step RF in place, step LF in place
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## **9-16 Out, Out, In, In, triple fwd 2x**

- 1,2 Step RF to R diagonal, step LF to L diagonal
  - 3,4 Step RF back, close LF next to R
  - 5&6 Step RF forward, close LF behind R, step RF forward
  - 7&8 Step LF forward, close RF behind L, step LF forward
- \*\*Restart During Wall 5 Facing 12.00\*\***
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## **17-24 Jazz box ¼ Turn R, Shoop (schaufeln) , Clap**

- 1,2 Cross RF over L, step LF to L side
  - 3,4 ¼ turn R stepping RF to R side, cross LF over R
  - 5,6 Step RF to R diagonal, close LF next to R
  - 7,8 Step RF to R diagonal, close LF next to R (clap)
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## **25-32 Shoop, Clap, Double Hip Bump R, Double Hip Bump L**

- 1,2 Step LF to L diagonal, close RF next to L
  - 3,4 Step LF to L diagonal, close RF next to L (clap) square up to 3.00
  - 5&6 Step RF to R side with hip bump, recover weight on L, hip bump R
  - 7&8 Hip bump L, recover weight on R, hip bump L (counts 5-8 is double hip bump R, double hip bump L weight should end on L facing 3.00)
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**Smile and have some fun**

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