

# Adalaida



Count: 32 Wall: 2 Level: Improver

Choreographer: Gary O'Reilly (IRE) - October 2019

Music: Adalaida - Derek Ryan #8 count intro

Life-G.-Dancers

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## S.1: GRAPEVINE R, FWD/TOUCH, BACK/TOUCH, GRAPEVINE $\frac{1}{4}$ L BRUSH, R ROCKING CHAIR

- 1&2& Step right to right side, cross left behind right, step right to right side, touch left next to right (&  
3&4& Step forward on left (3), touch right next to left (&), step back on right (4), touch left next to right  
5&6& Step left to left side (5), cross right behind left (&),  $\frac{1}{4}$  turn left stepping forward on left (6), brush  
right forward (&  
7&8& Rock forward on right (7), recover on left (&), rock back on right (8), recover on left (&) [9:00]
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## S. 2: Step $\frac{1}{4}$ turn cross, $\frac{1}{4}$ , $\frac{1}{4}$ , CROSS, RUMBA FWD/TOUCH, RUMBA BACK/KICK

- 1 & 2 Step forward on right (1), turn  $\frac{1}{4}$  L-Drehung (&), cross right over left (2) [6:00]  
3 & 4  $\frac{1}{4}$  turn right stepping back on left,  $\frac{1}{4}$  turn right stepping right to right side, cross left over right [12:00]  
5&6& Step right to right side (5), step left next to right (&), step forward on right (6), touch left next to right (&  
7&8& Step left to left side (7), step right next to left (&), step back on left (8), low kick right forward (&
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## S. 3: 2x BACK, KICK. COASTER STEP, RUN-RUN-RUN, WALK R + L

- 1&2& Walk back on right (1), low kick left forward (&), walk back on left (2), low kick right forward (&  
3 & 4 Step back on right (3), step left next to right (&), step forward on right (4)  
5 & 6 "Small" run forward on left making  $\frac{1}{8}$  turn left (5), "small" run forward on right making  $\frac{1}{8}$  turn left,  
"small" run forward on left [9:00]  
7 8 Walk forward right making  $\frac{1}{8}$  turn left (7), walk forward left making  $\frac{1}{8}$  turn left (8) [6:00]
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NOTE: Counts 5-8 complete a  $\frac{1}{2}$  turn left in semi-circle

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## S.4: Rock step back, L COASTER STEP, OUT, IN, HEEL, HOOK, FWD, TOUCH, BACK, TOUCH

- 1 & 2 Rock forward on right (1), recover on left (&), step back on right (2)  
3 & 4 Step back on left (3), step right next to left (&), step forward on left (4)  
5&6& Point right out to right side (5), touch right next to left, dig right heel forward, hook right across left  
7&8& Step forward on right, touch left next to right, step back on left (8), touch right next to left (&
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\*Tag End of Wall 1 & 3 facing [6:00] and End of Wall 4 & 6 facing [12:00]

## Tag: SIDE, TOUCH/CLAP, SIDE, TOUCH/CLAP

- 1&2& Step right to right side (1), touch left next to right with a clap (&), step left to left side (2), touch  
right next to left with a clap (&

Dance the Tag and start again from count 1

\*\*Ending: to finish the dance facing the front [12:00]. Add the following after count 4 of section 2 during Wall 8 facing [6:00]

- 5 & 6  $\frac{1}{4}$ ,  $\frac{1}{4}$ , CROSS  
 $\frac{1}{4}$  turn left stepping back on right (3),  $\frac{1}{4}$  turn left stepping left to left side (&), cross right over left