

Cabeza

Count: 32 Wall: 4 Level: Beginner



Choreographer: Raymond Sarlemijn (NL) & Roy Verdonk (NL) - March 2020

Music: Andas En Mi Cabeza - Remix by Chino & Macho **Workshop 10 Jahre Life- G.- Dancers**

S1: 1/4 Turn R, Syncopated Locksteps Fwd, 1/4 Turn L, Cross Rock Steps L/R

1&2	make a 1/4 turn right step RF fwd, LF lock behind RF (&), RF step fwd,	3h
&3&4	LF lock behind RF (&), RF step fwd, LF lock behind RF (&), RF step fwd	
&5&6	make 1/4 turn left (&), LF cross rock , recover onto RF (&), LF step left	12h
7&8	RF cross rock, recover onto LF(&), RF step right	

S2: 1/4 Turn L, Syncopated Locksteps Fwd, 1/4 Turn R, Cross Rock Steps R/L

1&2	make a 1/4 turn left stepp LF fwd, RF lock behind LF (&), LF step fwd,	9h
&3&4	RF lock behind LF (&), LF step fwd, RF lock behind LF (&), LF step fwd	
&5&6	make 1/4 turn right & RF cross rock , recover onto LF (&), RF step right	12h
7&8	LF cross rock, recover onto RF(&), LF step left	

S3: Cross R, 1/4 Turn R, Back L, Chasse R, Cross L, Back R, Chasse L

1-2	RF cross in front of LF, make 1/4 turn right stepping LF back	3h
3&4	RF step right, LF step together (&), RF step right	
5-6	LF cross in front of RF, RF step back	
7&8	LF step left , RF step together (&), LF step left	

S4: Walk Fwd R/L/R/L In Half Circle R, Walk Fwd R/L/R/L With Hand Movements

1-2-3-4	walk forward RF, LF, RF, LF making 1/2 circle right (clockwise)	9h
5-6-7-8	walk forward RF, LF, RF, LF*	

(*optional : wave hands above head right, left, right, left)

Line dance für alle!